



Email for your team to ask for support

Below is a suggested email you can send to friends, family, and colleagues when asking them to support your team! Feel free to tweak it to make it suit you.

Hey friends!

My team and I are excited to share that we are fundraising for a cause close to our hearts – type 1 diabetes (T1D) research.

T1D currently impacts over 130,000+ Aussies and is a life-long condition which needs to be managed 24/7. The condition causes the body to stop producing insulin, which is what regulates the blood sugar in our bodies. This means people living with T1D need to monitor their blood sugar levels 24/7 and manually give themselves insulin throughout the day either through injections or using an insulin pump.

We want to see a world where people living with T1D have better treatment options and, most of all, we want to find cures. Research is key to making this a reality and creating a better future for all those impacted by T1D.

We are fundraising for T1D research as part of JDRF's One Walk by [insert how you are planning on fundraising here e.g. hosting a bake sale, organising a trivia night, etc.] - and we would love you to get involved by helping us hit our goal of \$[insert your fundraising goal here].

[If you are hosting an event or stall - make sure to include details like date, time, and venue here]

Together let's turn type one into type none!. If you would like to show your support, donate here: [link to your fundraising page].

[Sign off, your name]

